



## **CERTIFIED AEROBICS INSTRUCTOR**

### **Part-Time Temporary**

#### **Definition:**

Under the supervision of the Fitness Center Supervisor, is responsible for leading a group in an aerobics fitness class.

#### **Essential Job Duties:**

The following tasks are essential for this position. Incumbents in this classification may not perform all of these tasks, or may perform similar related tasks not listed here.

1. Conducts aerobic fitness classes.
2. Enforces and follows all rules, regulations, and policies of the City of Duarte.
3. Enforce rules and regulations of recreational facility to ensure safety.
4. Performs other related duties as required.

#### **Minimum Knowledge, Skill and Ability:**

##### **Knowledge of:**

- Appropriate safety precautions and procedures.
- Functions, policies, and procedures of relevant departments and/or operations.

##### **Skill and Ability to:**

- Interpret and apply department policies and procedures.
- Establish and maintain effective working relationships with the public and all levels of staff and management.
- Work independently, without direct supervision.
- Understand and follow verbal and written direction.

#### **Training and Experience:**

Any equivalent combination of training and experience that provides the required knowledge, skills, and abilities could be considered qualifying.

#### **Licenses and Certificates:**

Aerobics certification from an accredited agency.

#### **Physical Requirements and Working Conditions:**

- Requires both near and far vision (which may be corrected).
- Requires the mobility to stand, stoop, reach, and bend.
- Requires mobility of arms to reach and dexterity of hands to grasp and manipulate small objects.
- Requires the ability to stand for long periods.
- Performs lifting, pushing, and/or pulling, which could exceed 75 pounds and is an infrequent aspect of the job.
- Required to work evenings or weekends, as necessary.